

# In the last year...

**15,919**

People accessed our services across the county.

**7,032**

Adults accessed our services.

**8,887**

Children and young people came to our services.

**2,175**

People accessed the Hertswise service.

**4,008**

Talking Therapy Counselling sessions were provided.

**11,660**

Group attendances and 282 home visits took place in Hertswise.

**7,709**

Community support sessions took place.

**5,946**

Attendances at our Flourish Peer Support Group sessions.

 **Mind**  
Hertfordshire  
Network

**Impact Report Highlights**



# In the last year..

**6,429**

Attendances at our Meeting Places.

**2,876**

Peer support sessions provided.

**8,042**

Nightlight helpline calls were answered.

**1,298**

People accessed our Nightlight crisis service.

**9,968**

Separate referrals in to our Nightlight crisis service.

**1,178**

Children and young people supported through our services.

**7,585**

Young people attended emotional wellbeing workshops in schools and community groups.

**30,802**

Unique visitors to our website.

**W: [www.hertfordshiremind.org](http://www.hertfordshiremind.org)**

**T: 020 3727 3600**