

Talk It Out Affordable Counselling Service
From September 2024 Timetable

Wellbeing Centre	Monday	Tuesday	Wednesday	Thursday	Friday
Bishop's Stortford					
				EVE	
Borehamwood	AM		AM		
Letchworth	AM				
Hemel Hempstead	AM				
	PM				
				EVE	
Waltham Cross				AM	
Ware					AM
		PM		PM	
		EVE		EVE	
Watford					
	PM	PM	PM		
	EVE	EVE	EVE	EVE	
Remote	AM		AM		AM
	PM	PM			PM
		EVE			

AM 9-12pm
 PM 1-5pm
 Eve 5pm-